



Fitness Room Schedule

Spring 2020

جامعة الأخوين
AL AKHAWAYN
UNIVERSITY

| Days / Time | From 6 to 7pm | From 7 to 8pm | From 8 to 9pm |
|-------------|---------------|---------------|--------------------|
| Monday | K Pop Dance | Hip Hop | Any Body Can Dance |
| Tuesday | Total workout | Zumba | Latino Guapa Dance |
| Wednesday | K Pop Dance | Hip Hop | Any Body Can Dance |
| Thursday | Total workout | Belly Dance | Latino Guapa Dance |