

Track

- Walkers should stay on the inside lanes (closest to the railing). Runners pass on the outside lane.
- Unsupervised children are prohibited on the track.
- All users must follow directional signs. The direction is changed daily (odd days-clockwise, even days-counter).
- Standing or spectating is strictly prohibited.
- Spitting on the track floors or walls is prohibited. Violation may result in loss of Rec Center privileges.